



DEMENTIA RESEARCH NETWORK IRELAND

Prevention, Cure & Care for Neurodegenerative Diseases



TRINITY COLLEGE
Institute of Neuroscience



Brain Health

PUBLIC OUTREACH ONLINE WEBINAR SERIES

Throughout March – May 2021, Dementia Research Network Ireland will host a free online webinar series on the topic of Brain Health. Designed for a public audience, leading researchers in the field of brain health will address the following questions:

- How does brain health affect our cognition and how do we measure it?
- How does food affect our brain health?
- Can physical training exercise our brains?
- What are healthy habits for a healthy mind?
- What can neuroimaging tell us about brain health?
- What is Cognitive Rehabilitation and Cognitive Stimulation Therapy, and are they effective for people living with dementia?

Each session will include an opportunity for a Q&A with the audience.

For further details and to register for the series, see our Eventbrite page at:

<https://bit.ly/36BqyAY>

Need more Information?

Email: info@dementianetwork.ie

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